

Sunscreen and Insect Repellent - Permission

Sunscreen and insect repellent should be applied to a child at least once at home to test for any allergic reaction. Aerosols, sprays and combined sunscreen/insect repellents are prohibited.

Sunscreen must provide UVB and UVA protection with an **SPF of 15 or higher**.

Sunscreen **may not** be used on infants under **6 months** of age, unless parent permission below is granted.

Insect repellent may only be used if recommended by public health authorities or requested by a parent/guardian. The repellent must contain a concentration of **30% DEET or less**. Insect repellent **may not** be used on infants under **2 months** of age. Oil of lemon eucalyptus and para-methane products may not be used on children under the age of three.

All sunscreen and insect repellent provided by a parent/guardian must be:

- provided in the original container;
- clearly labeled with the child's full name;
- within the expiration date;
- appropriate for the age of the child; and
- free of nut ingredients.

Complete one of the following:

I **give** Bright Horizons permission to apply (*name of sunscreen*) _____
and/or (*name of insect repellent*) _____
when outdoor conditions warrant and consistent with package instructions (subject to any
special instructions below) to my child, _____
from ____/____/____ to ____/____/____ (not to exceed one year).

I **do not** give Bright Horizons permission to apply sunscreen and/or insect repellent to my
child _____. I do not hold Bright Horizons Children's Centers
LLC responsible for my decision and understand that my child may be sunburned/bitten as a
result. I understand that **I should provide protective clothing including a hat, lightweight
long sleeve shirt and pants** instead, to protect my child from sun exposure and insects during
outdoor activities.

Special Instructions

Sunscreen: _____

Insect Repellent: _____

(Parent/Guardian Signature)

(Date)